



Relax, Reconnect and Recharge Yoga (Re)Treat.

Treat yourself to a 3 day yoga retreat at Brownscombe.

Unplug, switch off and let us spoil you, giving you time and space to relax, reconnect and recharge.

This all female, luxury retreat includes accommodation in stunning safari tents each with its own hot tub.

Fully catered with pizza and prosecco on the first night.

Yoga sessions with Anna White from Pretzel Studio, waking the body with gentle slow morning flows to more dynamic, energising afternoon sessions, all guided with a sense of fun and lightness leaving you recharged, relaxed and reconnected with yourself.

In between classes and savouring the delicious homecooked food, wander the surrounding countryside, relax on your deck overlooking the lush green pastures, soak in your hot tub, swim in the heated pool or book a relaxing treatment in the wellness room.

11th -13th May 2020

Prices from £330

Contact Anna at: hello@pretzelstudio.co.uk

www.pretzelstudio.co.uk